

## BASIC GUIDELINES TO DONATE YOUR BABY'S CORD BLOOD

Please review these basic guidelines to help determine if you can donate your baby's cord blood or if you cannot. Tell your nurse if you can still donate or if you cannot donate now. For more information or questions, reach out to Mary Wiegel at <a href="MWiegel@vitalant.org">MWiegel@vitalant.org</a> or 412-327-6025.

## <u>ALL donation forms MUST be completed at the hospital before the collection of the cord blood</u> <u>to donate.</u>

(Approvals on-line acceptable)

If you are not able to complete the forms, you CANNOT donate

## **You CAN ONLY DONATE IF:**

- You are in good health with no signs of active infection.
- You are at least 18 years of age.
- > You are at least 34 weeks gestation.
- You give birth to one baby (no twins or multiples).
- Your baby does not have any known fetal abnormalities.
- You and the baby's father are not related by blood (i.e. first cousins).
- ➤ In the last 12 months, you have not had any tattoos or ear, skin or body piercings where shared or non-sterile inks, needles, instruments or procedures were used.

**<u>NOTE</u>**: Tattoos or ear, skin or body piercings are acceptable if obtained at a professional licensed facility.

- You have never been told that you have Aplastic Anemia, Hereditary Spherocytosis, Hereditary Elliptocytosis, Hypogammaglobulinemia, or Polycythemia.
- In the last 12 months, you have not required a blood transfusion or transfusion support.
- During your pregnancy:
  - You have not traveled to or resided in a Zika Risk area. (See <a href="www.cdc.gov">www.cdc.gov</a> for risk areas)
  - You did not have sexual contact with a person who was diagnosed with Zika; has traveled to or resided in a Zika risk area in the 6 months prior to the sexual contact.
- You have never been exposed to, diagnosed or infected with Hepatitis B or C, HIV, West Nile Virus or Tuberculosis.
- You currently do not have an <u>active STD</u> (including Syphilis), or you have not had or been treated for Syphilis in the last 12 months.

## **NOTES:**

- If your response is affirmative for syphilis, you will be deferred.
- If you have <u>any active</u> sexually transmitted disease, genital herpes infection, and/or a significant HPV infection at the time of donation, and the infant will be delivered vaginally, defer. If there is a risk of disease transmission as described above, you will be deferred.
- If you have a history of HPV on a recent pap smear without evidence of disease, then the donation is acceptable.
- Donations are acceptable from a mother with an active STD (HPV and/or genital herpes) <u>provided the infant is delivered via C-section and the membranes</u> <u>remain intact.</u>



Neither you, nor the baby's father, nor any of your baby's siblings have ever had any type of cancer or leukemia (including skin cancers).

**<u>NOTE:</u>** History of <u>completely excised and cured</u> local skin cancer (basal cell and squamous cell) or cancer in situ is acceptable.

You have not used a needle, even once, to take a drug <u>not</u> prescribed by a physician (including steroids) or in the last 12 months had sex with someone who has.

**NOTE:** The term "used a needle" includes intravenous use, "skin popping" (injection under the skin), "mainlining" (arterial injection) and any other use of a needles to administer drugs, steroids or anything else not prescribed by your doctor.

- In the past 3 years, you have not had malaria.
- You have not been in contact with anyone who received the smallpox vaccine during your pregnancy.
- > You have never been treated with chemotherapy.
- You have never taken Remicade, Interferon, Infliximab, Etanercept, Methotrexate, 6-Mercaptopurine, Imuran, Cellcept, Cyclosporine, or Tacrolimus.